



DONALD J. CORBETT ADOPTION AGENCY

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Media Contact: Amy Blum PR
amyblumpr@gmail.com/585.425.1864

Area Fitness Centers “Lift the Wait ROC” for Children Waiting the Longest in Foster Care for Forever Families

First CAP/Corbett Fundraiser of its Kind During May Foster Care Month

Rochester, NY— For the more than 100,000 children in foster care in the United States who are available and waiting to be adopted, 25% wait more than three years, an excruciatingly long time in the life of a child.

In its first ever “Lift the Wait ROC,” [Children Awaiting Parents/Donald J. Corbett Adoption Agency \(CAP/Corbett\)](#) is working with local gyms, fitness and wellness studios to help raise awareness about these children during May (National Foster Care Month), and to help support the work of CAP/Corbett.

“Our longtime slogan ‘Lift the Wait’ indicates the need for forever, adoptive families for children who wait in foster care the longest,” said CAP/Corbett Executive Director Lauri McKnight. “We are so thankful to the gyms, wellness studios and retail outlets who have chosen to participate in “Lift the Wait ROC,” and invite the community to join an event of their choice to raise funds to help find forever families for these children.”

TUESDAY, MAY 14

- [Driphouse](#) and [Pure Barre](#) collaborative event (Driphouse, 15 State Street, Pittsford, 14534). “Barre and Drip,” 6-9 pm, two sessions, 6 & 7 pm. 30 minutes of barre class followed by a one-hour drip session. \$45, with 100% of the proceeds donated to CAP/Corbett. Must call (585) 267-7804 to reserve a spot. Champagne will be available.

FRIDAY, MAY 17

- [Penfield Sport & Fitness](#) pop-up Yoga Hike at 6:00 pm at Corbett's Glenn (Penfield Rd entrance). Participation fee is \$5/person and \$20/families. Additional donations gratefully accepted. 100% of the proceeds will be donated to CAP/Corbett. Dress for the weather and bring a mat and water.

SUNDAY, MAY 19

- [Compass Cycle Studio](#) (543 Atlantic Ave., Rochester 14609). Four cycle classes (8, 9, 10, & 11 am) and two yoga flow classes (9 & 10:15 am). Compass will donate \$5 for every person attending a class that day. Cash donations also will be accepted. (585) 270-5166.
- [RocBoxing & Fitness](#) (526 Atlantic Ave, Rochester, 14609). “Boxing, Bells, and BodyWeight” class, 12 noon-1:15 pm. Cost: \$25, all proceeds donated to CAP/Corbett. Sign up in advance on-line, call (585) 254-3280 or stop by a reserve a spot.

THURSDAY, MAY 23

- [M/Body](#) (1048 University Ave, Rochester, NY). Details TBD. (585) 434-2608.

SATURDAY, MAY 25

- [East Ave. Barbell](#) (1717 East Ave., Rochester, NY 14607). A series of Strongman Conditioning classes, 35 minutes each, consisting of rounds of sled pulls, tire flips, and farmer's carries. 12-2 pm. 30% of all class proceeds will be donated to CAP/Corbett.

In addition, [G&G Fitness Equipment](#) (3333 W. Henrietta Road, Rochester, NY and in Williamsville and Orchard Park) will donate 5% of a purchase to CAP/Corbett through April 1, 2020 with an in-store mention, or online at www.livefit.com (with code LIFTWAIT). (Some restrictions may apply.)

Funds raised allow CAP/Corbett to provide a waiting child with:

- a website photo to become more visible, and registration by the county locally or nationally on an adoption website (\$100)
- a match to a family, national visibility on websites, individual promotion at Heart Galleries, community events, and adoption agency families (\$500)
- the selection process with a family, support services, and visitation with the selected family in preparation for placement/relocation (\$1000)
- a complete adoption process from search and match to finalization with a forever family (\$5000)

***NOTE:** Interviews are available on request.*

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About Children Awaiting Parents/Donald J. Corbett Adoption Agency

CAP/Corbett is a national nonprofit organization based in Rochester, NY, dedicated to finding adoptive families for those children in foster care who wait the longest. Since 1972, it has helped bring together more than 6,000 children and families. In 2017, CAP added the Donald J. Corbett Adoption Agency, providing pre- and post-adoption services. www.childrenawaitingparents.org, (585) 232-5110.