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January 2020 eNews: Launching CAP into a New Decade

From our Executive Director



Dear Friends of CAP,

Happy New Year! How exciting to be entering the new decade and year - a great time to **launch our 2020 vision** with its symbolic meaning.

The year 2019 saw many positive changes come to fruition for children. Adoptees finally have the right to their original birth certificates in NY State, and the Family First Act was adopted.

As we look toward the future and **embrace the evolution of foster care, services and legislation**, we anticipate that **CAP will impact more children than ever before**. We are committed to making 2020 a stellar year for children in need of forever families! Stay tuned to learn more.

All my best,
Lauri McKnight

Meet Mersades, Looking for Her Forever Family

Meet **Mersades**, a caring and intelligent young woman who would love to have an adopted family to call her own.

She especially likes science and is thinking about becoming a brain surgeon. She also has artistic leanings - she likes art, music, and journaling, and is a creative person.

[Read more here...](#)

Are you the one? Call us at (585) 232-5110 or email info@capbook.org



MAPP Training Classes Begin January 23



Our new series of MAPP training classes begins on **Thursday, January 23 from 6 - 9 pm.**

This is a **10-week training for prospective foster and adoptive parents.** MAPP meets **every Thursday** starting January 23, 2020 at our CAP office (274 N. Goodman Street, Suite D-103).

Over 10 sessions, families assess their parenting skills: their strengths and their needs, their desire and ability to work as partners, and their ability to meet the needs of children for safety, permanency, and well-being.

Please **email veronica@capbook.org or call (585) 232-5110** to register. If you can't make the first session, you may join the class any week and make up missed classes at the end.

Staff Opening

CAP is seeking an **experienced office operations manager.** The full time, M-F position reports directly to the executive director. Must have experience in office operations, Excel, Word, billing systems, and databases. Competitive salary, benefits available and flexibility.

For more information and job details, please contact Lauri McKnight, executive director, at laurimcknight@capbook.org or call (585) 232-5110 ext 234.



Is Getting Fit One of Your New Year's Resolutions?

G & G Fitness Equipment (3333 W. Henrietta Rd, Rochester, and in Williamsville and Orchard Park) will **donate 5%** of a purchase to CAP through April 1, 2020 with an in-store mention, or at www.livefit.com (with code LIFTWAIT). Some restriction may apply.



New Schedule for Council of Foster & Adoptive Families Support Group

Moving forward into 2020, the Council of Foster & Adoptive Parents Support Group will meet quarterly.

We will keep you posted on specific dates very soon through social media. If you don't already follow us on [Facebook](#), [Twitter](#), or [Instagram](#), please do!



Upcoming Events: Mark Your Calendars

January

7, Adoption & Foster Informational Meeting, 6 pm
23, MAPP Training Classes begin, 6-9 pm

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